

## DISCUSS A JUST TRANSITION

How would a just transition to a sustainable society benefit you, your friends and family? Would your industry need to transform? Have a conversation.

### **PAY THE RENT**

In the absence of federal reparations or a treaty consider 'paying the rent' to a local (or national) First Nations organisation to acknowledge you are living on unceded sovereign land.

#### VOTE

Voting is a right and one of the main opportunities we have to shape political discourse in Australia. Voting at each level of government impacts different aspects of your life.

### EAT MORE PLANT CENTRED

Can you make room in your week to add in a meal/meals that ditch meat and/or dairy? Could you participate in meat-free Mondays?

## ATTEND A LOCAL ARTS EVENT

Check out page 34 - 37 for information about local arts and culture venues. Join mailing lists or follow aong on social media to keep in the loop about what's on.

#### DIVEST

Does your bank, superfund and energy provider care about the environment and social issues? Put your money where your ethics are and support the funding of renewable energy, land care and more.

### DITCH THE CAR

How do you use your car? Is it out of convenience or a real need to travel by it (eg. weather, location, disability)? Is there opportunity to use the tram, train or bus instead, or engage in active transport?

### START A CONVERSATION ABOUT THE CLIMATE

Tackling the climate crisis seems like an impossible task and despite it being one of the largest threats to humanity, we're keeping quiet. Can you use your voice to push change and empower others?



### BUY LOCAL, CHAT LOCAL

Part of a thriving community involves supporting small and connecting with our community through conversation.
Can you support your local coffee shop, small business, or restaurant, and engage in a meaningful conversation?

#### REPAIR

Wait, can that be repaired? Repairing our things prevents waste and can extend a products life, reducing waste.

#### MAKE SOMETHING

Contribute to the communities vision of growing the arts by taking on the role of the artist. Make something that celebrates creating and sharing your story/point of view with others.

# TAKE PART IN COLLECTIVE ACTION

Collective action increases our individual impact. Who's already disrupting in the community. Is there a collective action group you can start or join that elevates an impact you're already trying to make?

## KNOW YOUR LOCAL FIRST NATIONS HISTORY

The history of Australia is told from a white colonised perspective, however, there is a history that precedes this, one of First Nations people. Does your version of history reflect truth-telling?

## AUDIT YOUR FOOTPRINT

Our collective global demand for resources such as food and energy is unsustainable. Check your personal impact at www.footprintcalculator.org/

#### BORROW, SHARE, SWAP

Waste is a complex systemic issue. However, we have the opportunity to adopt a culture that normalises sharing to create less waste. What can you borrow, share or swap with someone?

## CONTACT YOUR REPRESENTATIVES

By communicating what is important to us with our representatives, we allow ourselves to be a part of critical change. What can you tell your local rep about the just future you want?